

Laxatyle Solution 200ml

Laxatyle Solution 200ml (Lactulose 15ml – 66.7% in 6gm Flavoured Syrup Base)

Introduction

Laxatyle Solution 200ml is a **lactulose-based osmotic laxative** formulated to provide **effective relief from constipation** and assist in the management of **hepatic encephalopathy**. It contains **Lactulose 66.7% in 6gm per 15ml**, ensuring a well-balanced mechanism to promote bowel movement, improve digestion, and reduce ammonia levels in the blood. It is a **flavoured syrup** that makes administration easier, especially for long-term users.

Composition & Mechanism of Action

- **Lactulose (66.7% in 6gm per 15ml):** A synthetic disaccharide that remains **undigested in the small intestine** and is broken down in the colon by gut bacteria into **organic acids** such as lactic acid and acetic acid. These acids **draw water into the colon**, softening stool and promoting peristalsis.
- The fermentation of lactulose by gut bacteria also helps in **reducing ammonia absorption** in the intestines, making it beneficial in **hepatic encephalopathy** by lowering blood ammonia levels.

Indications & Uses

Laxatyle Solution 200ml is primarily used for:

1. **Chronic & Acute Constipation:** Helps in **softening stool**, making it easier to pass, and preventing straining.
2. **Hepatic Encephalopathy:** Lowers **ammonia absorption**, helping patients with **liver diseases** such as cirrhosis and hepatic coma.
3. **Hemorrhoids & Anal Fissures:** Reduces straining during bowel movements, preventing worsening of **hemorrhoids and anal fissures**.
4. **Post-Surgical Bowel Regulation:** Helps in **maintaining smooth bowel function** after **surgical procedures** involving the digestive tract.

Dosage & Administration

- **For Constipation:**
 - **Adults:** 15-30ml once daily or in divided doses, as prescribed.
 - **Children:** 5-15ml per day based on age and doctor's advice.
- **For Hepatic Encephalopathy:**
 - **Initial Dose:** 30-45ml three times a day.
 - **Maintenance Dose:** Adjusted to produce **2-3 soft stools per day**.
- **Administration Tips:**
 - Can be taken **with or after food**.
 - Drink **plenty of water** to aid effectiveness.

- Can be mixed with **juice or water** if the taste is not well tolerated.

Precautions & Warnings

- **Use with caution in diabetic patients**, as lactulose is a sugar derivative.
- **Avoid in patients with galactosemia or fructose intolerance.**
- Prolonged use may lead to **electrolyte imbalance**—monitor potassium and sodium levels in long-term users.
- **Mild bloating and gas formation** are common in initial doses but usually subside with continued use.
- If **severe diarrhea** occurs, dosage adjustments may be necessary.

Side Effects

- Mild **flatulence, bloating, nausea**, or stomach cramps.
- **Diarrhea in high doses**, which may require dose modification.
- Rarely, prolonged use may cause **electrolyte disturbances**.

Storage & Handling

- Store at **room temperature (below 30°C)**, away from direct sunlight.
- Keep the bottle tightly closed after use.
- **Do not refrigerate**, as it may alter the consistency of the syrup.

Conclusion

Laxatyl Solution 200ml is a **safe and effective solution for constipation relief and liver health management**. It works **gently yet effectively** to regulate bowel movements and **support patients with liver conditions**. Suitable for **long-term and short-term use**, it is widely recommended by healthcare professionals for its **mild, non-irritating, and well-tolerated formulation**.

Manufactured in India for:



Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

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